Double Dot

Ebbisham Sports Club Squash & Racketball News

Ebbisham SPORTS CLUB BADMINTON TENNIS SQUASH & RACKETBALL

May 2024 Edition 2

1st Serve



I am delighted to announce that we have a new addition to our coaching team. We welcome **Charlie Lee**, a distinguished world PSA-ranked player who brings with him a wealth of experience and expertise. Charlie's Thursday coaching sessions have quickly become a highlight for many members, with sessions proving well-subscribed. Whether you're looking to refine your volley drop or perfect your straight drive, Charlie's coaching promises to elevate your game to new heights. I encourage all members keen on improving their skills to join these sessions and benefit from Charlie's invaluable guidance. You will find details of Charlies group and personal sessions on page 4 of the newsletter.



Charlie Lee in action

We had some good success this season with 2 of our teams being promoted. Our Ladies team were dominant all season and won their league (see photo).

Our 1st team veterans finished 2nd and have been promoted to Division 2, a testament to the hard work, dedication, time and skill on the court.



Ladies League Champions

I am pleased to note that our membership numbers are on the rise, reflecting the thriving community we have cultivated here at Ebbisham. I urge each of you to continue spreading the word and encouraging your friends and family to join our vibrant section. Together, we can ensure that Ebbisham remains a hub of activity, camaraderie, and sporting excellence.

We have an exciting line-up of social events, tournaments and competitions in the year ahead. There will be no shortage of opportunities to showcase your skills and forge new friendships.

Let us embrace the summer and the joy of sport as we come together to enjoy all that Ebbisham Sports Club has to offer. Thank you for your continued support and participation.

Wishing you all a fantastic summer ahead!

Rajeeva Indiketiya
Squash and Racketball Chairman

Team News

The 2023/24 Winter season is now over for our squash and racketball teams and we would like to thank and congratulate the 44 players who represented the club this season.

Especially significant was the Ladies Team who were crowned champions of Division 2R, winning 9 out of their 10 matches and unbeaten in the 2nd half of the season. Well done Maya, Gillian, Jo, Cara, Anna, Lara, India and Imogen.

Our 1st team by contrast had a quiet season, finishing 8th. However they won 5 matches, the same as 4th placed Purley. It just goes to show how important each game is as the points difference was 25 by the end of the season. Our 2nd team were only 9 points (less than 1 game per match) short of a mid-table finish.

In Vets squash we are all another year older, but a lot wiser!! Our 1st team showed how wise they were by finishing in an impressive 2nd position and will be promoted next season. Our 2nd and 3rd Vets didn't fair so well, but especially enjoyed the social side of Saturday afternoon squash!

In racketball (or Squash 57!!) we fielded 2 teams, with our 2nd team winning 6 out of 8 matches and finishing 2nd. Our 1st team finished 4th against some strong opposition.

If you are interested in playing for any of our teams next season which starts in October, please contact Alex Coonan for squash and Winston Heppolette for racketball.

Squash	League	Played	Won	Pts	Position
1st Ladies	2R	10	9	90	1st
1st Team	5B	14	5	136	8th
2nd Team	6R	14	4	127	7th
Vets 1	3	12	7	156	2nd
Vets 2	4	12	5	117	4th
Vets 3	5	10	2	72	5th
Racketball					
1st Team	1	7	2	48	4th
2nd Team	3	8	6	92	2nd

Final Positions - 30th April 2024

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2024 Squash Championships

The 2024 squash championships were held during March and April, with the finals played over 2 nights on 19th (doubles finals) and 20th April (singles finals). Congratulations to our 2024 Open Winner, Alex Coonan who claimed victory over Jonny Major in a thrilling final. Alex won 3-0 (15-13, 15-10, 15-8), retaining the title.

The 2024 Ladies Champion was Maja, who beat Lara 3-0 (15-4, 15-2, 16-14). Both Maja and Lara showed how important our Saturday coaching sessions have been with our junior coach Paul Steward.

A full round up of all the results and photos on page 3. Once again a big thank you to Gillian Mead who organised the tournament.

Surrey Squash Closed Success



There were some notable successes for Ebbisham players at the Surrey Closed event at Purley in January.
Well done to Lara (Ladies B winner)
Adam Blewer (3rd Open B)
James Dubois (70+ Winner) - pictured

Future Events

2nd June - UK Racketlon at Ebbisham
Imagine a triathlon with rackets!! Table Tennis, Squash, Tennis and Badminton. Play your opponents over the 4 sports.

6th July – Ebbisham Summer Party

30th November - Graded Tournament at Ebbisham
Save the Date – Details to Follow

Thursday Evening Squash Coaching with Charlie Lee
Group Session 19.00 – 20.30 - £12 per person
Individual Sessions – contact Charlie directly
https://chat.whatsapp.com/BCcIbTvPK449V0gH6UwEhr

Club Nights (£1 per session payable at the bar)
Please check the booking sheets as times may change due to club matches.
Squash - **Every Tuesday** 19.00 – 21.00
Squash - **Every Saturday** 16.45 – 19.15
Squash and Racketball - **Every Friday** 17.30 – 19.30

Junior Squash Coaching (Saturdays during term time)
Improver Session – 10.00am to 11.30 am
Experienced Session – 11.30am to 1.00pm
Boys and girls (under 18). The coaching fee is £5 per session payable in advance per term.
email:- admin@ebbishamsportsclub.com.

50+ Rackets Social Drop in Sessions (all racket sports) (Thursday 10.00am - 11.30am)
£3 per session for club members and £5 for non members.

Roll of Honour – Box Leagues

Squash		Racketball
Chris Green	Jan	Colin Shermer
Chris Green	Feb	Nathan Newark
Chris Green	Mar	Nathan Newark
John Southern	Apr	Paul Carrell
	May	
	June	

Junior Success

When 5 girls from Rosebery School formed the school's first ever squash team just 6 months ago with a view to entering the England Squash National Schools Championships, little did they know how far they would go in this tough and prestigious tournament. They were, however, all keen squash players and junior members of Ebbisham Sports Club where they trained on a regular basis.
Having progressed successfully through the primary rounds they qualified for the Finals in Birmingham on 14th March where they were 1 of only 8 teams.
They fought hard in their 3 matches and although they did not win, there were some excellent individual performances across the day.



International Women's Day

We held a very successful International Women's Day event on 8th March. Over 45 women, both members and non members, participated in squash, racketball, tennis and badminton. Feedback from the day was positive and we hope many new members will be seen at the club as a result.



2024 Squash Championships

Roll of Honour

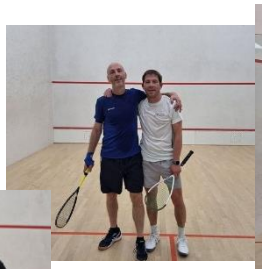
Title	Winner	Scores	Runner-Up
Open Championship	Alex Coonan	*15-13 15-10 15-8*	Jonny Major
Ladies Championship	Maja	*15-4 15-2 16-14*	Lara
Veterans (45+)	Dan Coffin	*15-7 15-10 15-11*	John McNicholas
Vintage (55+)	Peter Culver	*15-6 15-9 15-10*	Paul Carrell
Handicap	Ed Choate (-17)	*9-15 15-12 15-11 13-15 15-10*	Ian Horner (-4)
Doubles	Dan Coffin/Alex Coonan	*15-10 15-10 15-11*	Simon Edwards/Scott King
Mixed Doubles	Emma Mathews/Richard Skinner	*15-12 15-7 15-11*	Jo Robinson/James Dubois
Open Plate	Ian Horner	*15-12 13-15 5-15 15-12 15-12*	Maja
Doubles Plate	John Brandon/Richard Skinner	*8-15 15-8 15-9 13-15 15-11*	Ian Baker/Rob Wellard









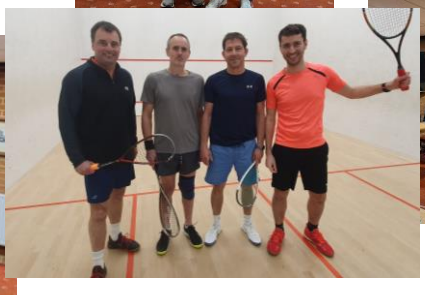










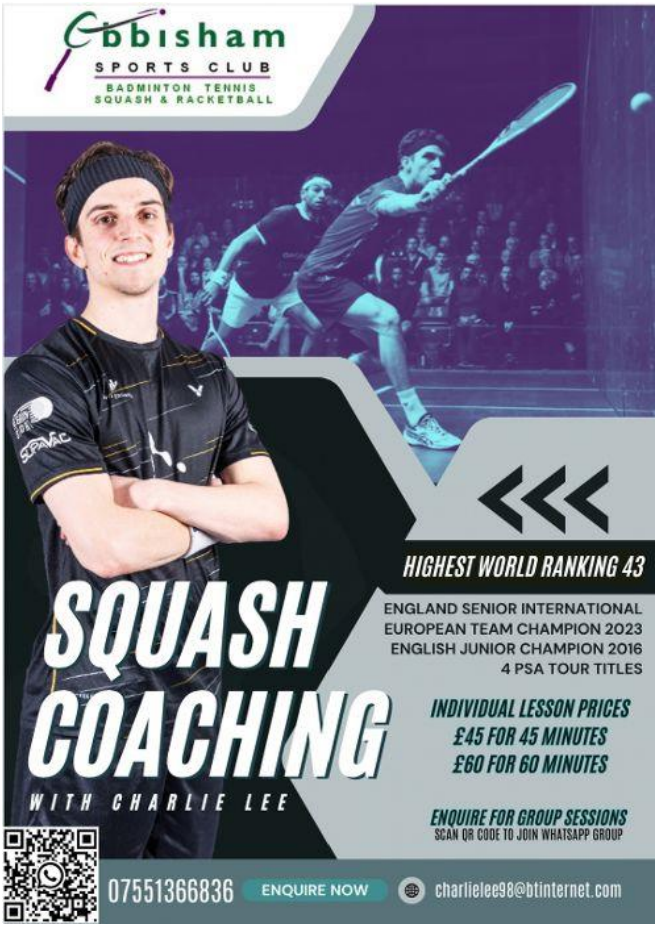

Squash Coaching with Charlie Lee

It was great to see Charlie Lee at Ebbisham providing coaching sessions for our members. Charlie is a Top 100 player in the PSA World Squash rankings and last year reached a career high position of No 43.

Thursday evenings haven't been the same since February when Charlie arrived, with group sessions over subscribed. Feedback from members has been great and with a maximum of 9 per session across the 3 courts this gives plenty of opportunity for learning new drills, improve technique and enjoy a great cardio workout. All players at all levels are welcome to book these sessions and with the summer months finally here, Charlie's coaching sessions will certainly provide the opportunity for you to improve your squash.

Charlie commented, "I've loved getting to know everyone at Ebbisham and thoroughly enjoyed setting up some initial individual and group sessions. I hope that things continue to grow at this fantastic club and to help more people enjoy our great sport."

The poster below provides all the details needed to join the group sessions or book your one to one individual sessions with Charlie.



Squash Facts

- An hour of squash can burn between 600 – 1000 calories
- Squash balls are between 39.5 and 40.5 mm in diameter and weigh 23 to 25 grams.



Charlie coaching an athletic Ian Conibear

Stop Press...Stop Press…Stop Press

Coming soon we will be launching a new range of Ebbisham branded squash gear. This will be good quality (Nike) kit, across a range of shirts, polo shirts, shorts, skirts and sweatshirts and can be personalised with your initials – great for Ebbisham team players.

Watch out for details of how you order the kit directly through the Kit Locker website.

We will hold a few size samples in the office so that members can check sizes before they order.



Court Fees

As of 1st May, court fees will be equalised to £4.20 per court per 45 minutes. This will be reflected online in MyCourts.

Squash & Racketball Committee

If you would like to be more involved in the running of your club, we have vacancies on the squash and racketball committee. If you are interested please contact Rajeeva or any of the current committee members.

Rajeeva Indiketiya	Chairman
Alex Coonan	Surrey Leagues Captain
Paul Steward	Club Coach
Gillian Mead	1st Team Ladies Captain and Safeguarding Officer
James Neill	Committee Member
Paul Carrell	Committee Member and Double Dot Editor
Adam Blewer	Committee Member